



L'AQUILA

**OPENING TIMES**

**LUNCH**

Tuesday - Friday  
12.00pm - 2.30pm *Last orders*

**DINNER**

Tuesday - Friday: 5.00pm - 10.00pm *Last orders*  
Saturday: 12.00pm - 10.00pm *Last orders*  
Sunday: 12.00pm - 8.00pm *Last orders*

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Menu

## STARTERS

Bruschetta alla Napoletana (V) Chopped fresh tomatoes, garlic, red onions, basil, and balsamic reduction	£6.75
Bruschetta Al Salmone Smoked salmon, chives, cream cheese, and capers berries, drizzled with extra virgin olive oil	£7.95
Bruschetta Al Parma Parma Ham, parmesan shavings, drizzled with extra virgin olive oil	£7.95
Insalata Caprese (V) Fresh tomato, soft buffalo mozzarella, basil, extra virgin olive oil & balsamic reduction	£10.50
Prosciutto Tricolore Parma Ham & soft buffalo mozzarella with rocket leaves	£12.25
Bresaola all' olio Tartufo Dry Cured Beef served with rocket leaves, parmesan shavings & white Truffle oil	£11.25
Antipasto Italiano Mixed Italian cured meats with marinated olives, rocket leaves & Parmesan shavings	£12.25
Pane al Pomodoro (V) Traditional pizza bread with garlic and tomato	£7.50
Pane al Formagio (V) Traditional pizza bread with garlic and cheese	£7.75
Pane al aglio e olio (V) Traditional pizza bread with garlic and rosemary	£6.95
Caprino (V) Grilled Goat's Cheese with caramelised beetroot, rocket leaves & Honey Dressing	£9.95
Calamari Fritti Golden Fried Squid served with Homemade Tartar Sauce	£9.75
Fritto Misto Deep Fried Calamari, Tiger prawns, scallops and Zucchini served with Salad & Tartar Sauce	£11.25
Gamberi Aglio e Vino Tiger Prawns in a white wine, chilli and garlic sauce. Accompanied by toasted bread	£11.25
Garlic Mushrooms (V) Mushrooms cooked in a garlic and cream sauce	£7.25
Vegetable Minestrone Soup	£6.50

## PASTA

Linguine alla carbonara Crispy pancetta, cracked black pepper, Egg yolk and Parmesan	£11.75
Tagliatelle al Salmone Fresh egg pasta served with fresh & smoked salmon, Zucchini, tomato and touch of cream	£12.75
Linguine Ai Frutti di Mare Prawns, mussels, scallops, squid, sweet cherry tomatoes, white wine, fresh chilli, and garlic	£14.25
Linguine alla Salsiccia Spicy Tuscan Sausage with, garlic, chilli, tomato sauce, nduja (Calabrian spicy sausage)	£12.95
Agnolotti Ai Funghi (V) Pasta stuffed with porcini mushrooms, thyme, creamy mushroom sauce & Parmesan	£11.95
Linguine Ai Gamberi Tiger prawns, pancetta, garlic, chilli, tomato sauce topped with rocket	£13.25
Linguine alla Bolognese Rich beef ragù with Parmesan cheese	£12.50
Lasagne Egg pasta layered with beef ragù, parmesan cheese, béchamel and tomato sauce	£12.75
Penne Verdure (V) Simple, delicious tomato sauce with grilled veg & parmesan cheese	£10.25
Penne all Arrabbiata Tomato sauce, garlic, chilli, spicy Italian salami and olives	£12.50
Tagliatelle al pollo Fresh egg pasta with chicken, garlic, spinach, a tad of cream and cherry tomatoes	£12.75

*Gluten free pasta available (except lasagne and ravioli) for additional charge of £1.50. Please ask your waiter for details.*

## RISOTTO

Risotto Ai Frutti di Mare Prawns, calamari, mussels white wine and scallops	£14.25
Risotto Zucchine e Gambas Courgettes, tiger prawns, white wine, saffron and cream	£13.95
Risotto ai Funghi (V) Wild mixed mushrooms, parmesan cheese and a touch of truffle oil	£12.95

## PIZZA

Margherita (V) Traditional pizza with tomato sauce, mozzarella cheese and fresh basil	£9.75
Grigliata di Verdure (V) Grilled veg, mushrooms, mozzarella and tomato sauce	£11.50
Fiorentina (V) Fresh spinach, egg, parmesan shavings, mozzarella and tomato sauce	£12.75
Diavola Spicy Italian salami, fresh chillies, nduja (calabrian spicy sausage), mozzarella and tomato sauce	£12.75
Quattro Stagioni Mushrooms, ham, olives, salami, mozzarella and tomato sauce	£12.75
Tricolore Mozzarella, tomato sauce, Parma ham, rocket & shaved Parmesan	£12.75
Pollo & Pepperonata Tomato sauce, mozzarella, chicken, peppers and red onions	£11.95
Prosciutto & Funghi Ham, mushrooms, mozzarella and tomato sauce	£11.75
Carnosa Spicy Italian salami, chicken, ham, mozzarella and tomato sauce	£13.25
Mare Monti Mussels, calamari, scallops, prawns, nduja (calabrian spicy sausage) and tomato sauce	£13.95
Napoletana Capers, anchovies, olives, mozzarella and tomato sauce	£11.75
<i>Extra topping</i>	<i>£1.50</i>
<i>Extra meat/fish/poultry</i>	<i>£2.00</i>

## INSALATA

Insalata Dolcelatte (V) Mixed leaves, blue cheese, caramelised beetroot, apple, walnuts & honey mustard dressing	£12.75
Insalata di Pollo Spicy corn-fed grilled chicken breast with mix leaves, beetroot, peppers & lemon dressing	£16.75

## MAIN COURSE

Pollo saltimbocca Pan fried breast of chicken, Parma ham, sage, butter & white wine sauce	£18.50
Pollo alla Parmigiana Grilled breast of corn fed chicken, on a compote of tomatoes and basil topped with Parma ham wrapped asparagus and parmesan	£18.50
Petto di Pollo alla Crema e Funghi Corn fed Chicken breast with cream, brandy and mushroom sauce	£18.50
Battuta di Pollo Milanese Bread crumbed chicken breast, pan fried, served with spaghetti al pomodoro	£18.50
Pollo Stroganoff Strips of Chicken fillets served in a rich paprika based brandy sauce with gherkins and mushrooms. Served with rice	£18.75
Filetto Boscaiola 8oz Grilled fillet steak with slow roasted tomato and mushrooms. Accompanied with a red wine sauce	£29.75
Filetto al Pepe Nero 8oz Grilled fillet steak in a cream, peppercorn and brandy sauce	£29.75
Bistecca alla Griglia 9oz Ribeye steak pan fried with garlic, rosemary and thyme. Topped with classic onion rings	£25.50
Bistecca al Tartufo 9oz Grilled ribeye steak with sautéed wild mushrooms & white truffle oil	£25.50
Fillet Beef Stroganoff Strips of fillet beef in a rich sauce of paprika, brandy, gherkins and mushrooms. Served with rice	£23.95
Fresh fish supplied daily. Look out for our daily specials	

## SIDE ORDERS

Rocket, cherry tomatoes and Parmesan	£3.95
Mix salad with lemon dressing	£3.95
Tomato red onion salad with basil oil	£3.95
Spinach with chilli and garlic	£4.50
Zucchini fritti	£3.95
Homemade fries	£3.75
Roast potatoes	£3.95
Vegetables of the day	£3.95

FOOD ALLERGIES: If you suffer from a food allergy or intolerance, please inform a member of staff.  
Not all ingredients are shown in the dish description. Please be aware olives may contain stones and filleted fish may contain bones.  
Gratuities are left to the customers discretion, however an option 10% service charge will be added to your bill.